









## Route Information

The Royal Saxon Way

This route provides an experience of pilgrimage that is unique in England. It starts and finishes with churches still containing relics of their original saints. Princess Eanswythe founded an abbey at Folkestone in the 7th Century and her relics, hidden since the Reformation, were re-discovered in 1885. The abbey at Minster was refounded in the 1930s on the site of an abbey built in the 8th Century to hold the relics of St Mildreth, Eanswythe's great niece. A fragment of these relics was taken to the Netherlands during the 11th Century and thus survived to be returned to the abbey in 1953. The route passes through Lyminge where Eanswythe's aunt Queen Ethelburga founded an abbey in the 630s. The relics of St Eadburg, abbess at Minster after Mildreth were translated to Lyminge in the early 9th Century. The whole route thus joins together churches that are specifically linked with the Anglo-Saxon Kentish royal family as well as many other ancient churches in a historic landscape that is largely Anglo-Saxon in origin. This is a walk intended to be performed over a number of days. It is a fascinating journey from coast to coast over the North Downs through a varied landscape, for much of the way following the course of the Nailbourne from its spring at Lyminge to where it joins the Great Stour at Plucks Gutter near Minster. It touches on many periods of history including at Lyminge a site with evidence of occupation by some of the first people returning to the British Isles after the last Ice Age. Detailed notes for the walk are in the course of preparation.

## Route Summary

Total Distance
35.32 mi ( $\mathbf{5 6 . 8 5} \mathrm{km}$ )

Elevation
-4 ft at lowest point
583 ft at highest point
Total Ascent 1976 ft

## Elevation Profile



## Route Card

| \# | OS Grid Ref | Dist from start | Latitude | Longitude | Elevation |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 1 | TR 229 358 | $\mathbf{0 m i}$ | $51^{\circ} 4^{\prime} 43^{\prime \prime} \mathrm{N}$ | $1^{\circ} 10^{\prime} 52^{\prime \prime} \mathrm{E}$ | $\mathbf{1 1 3 ~ f t ~}$ |

Dist to next: $\mathbf{3 5 . 3 2} \mathbf{~ m i}$, Ascent to next: -96 ft

2 TR 310642
35.32 mi
$51^{\circ} 19^{\prime} 49^{\prime \prime} \mathrm{N} \quad 1^{\circ} 18^{\prime} 55^{\prime \prime} \mathrm{E}$
17 ft

